

# REGISTRATION FORM – Winter & Spring 2025

Name: \_\_\_\_\_ Phone number: \_\_\_\_\_

DATE	TIME	WORKSHOP	MAX	# OF SESSIONS	\$ COST	SUPPLY FEE \$	TOTAL
Thursdays	12:30-2:30pm	Photo Club	-		\$30		\$30
Jan 21	10:00-11:30am	Exercise for Fall Prevention	20	1	\$15		\$15
Jan 24	10:00-12:00pm	Access Bars: Technique to Sooth Mind & Body		1	\$15		\$15
Jan 28	12:30-2:30pm	Chair Yoga		1	\$15		\$15
Feb 3	10:00-2:00pm	Demin Purse	15	1	\$15	\$5	\$20
Feb 4 (Tuesdays)	12:30-2:30pm	Wood Carving	12	10	\$50	\$5	\$55
Feb 5	10:00-12:00pm	Senior Health Services		1	\$15		\$15
Feb 12	10:00-12:00pm	Foundation Wellness (Essential Oils)	25	1	\$15		\$15
Feb 14	10:00-12:00pm	Putting your Mind at Ease		1	\$15		\$15
Feb 21	10:00-2:00pm	Painting with Marion	6	1	\$15	\$10	\$25
Feb 24	10:00-12:00pm	Dutch Migration in Glengarry		1	\$15		\$15
Feb 26	10:00-12:00pm	Hot Water Tanks		1	\$15		\$15
Feb 28	12:30-3:30pm	KAIROS Blanket Exercise (KBE)		1	\$15		\$15
Mar 3	10:00-2:00pm	Stained Glass Suncatcher	8	1	\$15	\$35	\$50
Mar13(Thursdays)	10:00-12:00	WIN (Write it now!)		6	\$30		\$30
Mar 17	10:00-12:00pm	Maple Sugar Bust & Tractors		1	\$15		\$15
Mar 24	10:00-12:00pm	Sunflower Wreath	20	1	\$15		\$15
Mar 25	10:00-12:00pm	Thrifting 101 – Get your thrift on		1	\$15		\$15
Apr 1 (Tuesdays)	10:00-12:00pm	Creativity with Acrylic	15	5	\$40	list	\$40
Apr 2	9:00-12:00pm	Gardening with Grow Good Food		1	\$15		\$15
Apr 5	10:00-1:00pm	Baking Bread with Chef Margaret	15	1	\$15	\$10	\$25
Apr 7 & 14	10:00-12:00pm	Beginners iPad	12	2	\$20		\$20
Apr 11	9:30-12:00pm	Mosaic Tiles	10	1	\$15	\$10	\$25
Apr 23 & 30	10:00-12:00pm	Advanced iPad	12	2	\$20		\$20
Apr 23	1:00-3:00pm	Lost Villages Revisited		1	\$15		\$15
Apr 28	10:00-12:00pm	Intro to Old World Prehistory		1	\$15		\$15
May 2	10:00-12:00pm	Hand drums, guitars, dancing....		1	\$15		\$15
May 6	12:30-2:30pm	Creating your own Backyard Oasis ...		1	\$15		\$15
May 7	12:30-2:30pm	Magical Morocco	30	1	\$15		\$15
May 13	10:00-12:00pm	Spring Nature Walk		1	\$15		\$15
May 16	8:00-11:00am	Birding at Cooper Marsh	25	1	\$15		\$15
May 21	10:00-12:00pm	Vankleek Hill Visit		1	\$15		\$15
						TOTAL	

PAID: Cash  Cheque  E-transfer

**\*\*PLEASE COMPLETE THE NEXT PAGE & RETURN WITH THIS FORM\*\***

### We Need Your Help

The curriculum committee does its best to organize a curriculum that is varied and interesting. We are 6 volunteers who need your input. Would you volunteer to present an Encore session or do you know of someone who would share their talent, present a lecture or allow us to visit their location? If you do, we would be eternally grateful if you could pass on the information to Shelley at the office. Include a name and contact information. Thank you. #613-930-5887